



4

## Students react to Obama's win

Find out about Obama's promises inside

PUB. NO. 666-740

2

I'll txt u...lol  
Staff warns students against overuse of nonverbal communication

## WEATHER

T	W	H	F	S	SU	M
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100 WARTBURG BLVD., WAVERLY, IA 50677

# Student injured in chemistry lab accident

*Broken glassware causes spontaneous combustion and fire*

MAC SLAVIN SPORTS EDITOR

A Wartburg College student received medical attention after an experiment in a chemistry class went wrong Tuesday Nov. 4.

The student was performing an experiment in Chemical Thermodynamics and Kinetics class, taught by Assistant Professor of Chemistry, Christine DeVries, when a piece of glassware broke and a flammable gas escaped and spontaneously combusted. A small fire broke out in the lab station.

"I quickly extinguished [the fire] merely by waiting a few seconds for the tiny amount of fuel to be spent and then blowing out the few remaining flames," DeVries said.

DeVries said the student working in the lab station responded quickly and just as they had been trained.

The student went to the sink and flushed the area with cold water, while a classmate went to get ice to help cool the burns.

While the student was working on nursing the wounds, DeVries went to a phone in the lab station and called the Noah Health Clinic.

DeVries helped the student to the clinic where the burns were

treated.

"Most people never carefully examine their pots and pans when cooking on a stove, but chemists are trained to examine our beakers, flasks and test tubes for cracks or defects before heating them," DeVries said. "Of course, we cannot see all the potential weak points in glassware with our eyes."

Students in the class responded by telling a Science Center staff member that there were potential hazards on the ground. The staff member quickly helped in securing the hazardous area and calling maintenance to help clean up the mess.

"It is impossible to have a risk-free chemistry laboratory. As faculty, we work to minimize risk and maximize learning when we select experiments for students," DeVries said. "We are also diligent at teaching proper responses to injuries and safe laboratory techniques."

DeVries thought the students and the clinic acted very well in response to the incident.

She also said the experiment is one that many students in the past have enjoyed doing.

Contact Mac Slavin at [Mac.Slavin@wartburg.edu](mailto:Mac.Slavin@wartburg.edu)



Luke Shanno/TRUMPET

Former Wartburg President Jack Ohle and interim President William Hamm gather at "The W" dedication during Homecoming weekend. The search for a new president hopes to be finished by February.

## Search committee sets presidential qualities

### SEE IT. WTV8 READ IT.

KALLIE COOPER WTV8 NEWS

The Wartburg College Presidential Search Committee recently released an opportunity profile, which outlines what Wartburg is looking for in a new president. The profile promotes the position and asks for applications.

The search firm, Jon McRae and Associates, will be screening candidates over the next two months based on evaluations of the school's needs.

Search committee chair Ray McCaskey said the interview process should be finalized by the end of this month. They will begin interviews and should be finished

by the end of January.

The committee also hopes to have a candidate chosen by the Board of Regents meeting in February.

McCaskey said he is hopeful Wartburg will get several qualified candidates.

"In a lot of ways, Wartburg is a wonderful new position to come into because the school is in terrific shape both financially and from a campus perspective," he said.

One of the main concerns for the school, McCaskey said, is enrollment management.

"We need to continue to attract a good, solid, diverse base of students coming to the school," McCaskey said. "We need someone who can lead us in continuing to make Wartburg an attractive

place for top notch students, and make it a place students want to attend."

Fundraising and finances is another main concern for the committee during the candidate search.

While the process may seem slow, McCaskey said, they want to have as much open communication with the Wartburg community as possible.

"Our intent is to share information any time there is information to share. If you are not hearing from us, that means there is nothing new or newsworthy happening, and not that there is something happening you don't know about," he said.

Contact Kallie Cooper at [Kallie.Young@wartburg.edu](mailto:Kallie.Young@wartburg.edu)

## Iowa Attorney General investigates lender

ANDREW NOSTVICK OP/ED EDITOR

The Financial Aid department at Wartburg College is commending the efforts of the Iowa Attorney General for looking into possible allegations against Iowa Student Loan (ISL) Jennifer Sassman, the director of financial aid said.

"I think that it's good that the Attorney General wants to oversee and make sure that appropriate things are happening in higher education in Iowa," Sassman said.

The report, which was released last month and conducted by Iowa Attorney General Tom Miller and student loan expert Mark Kantrowitz, criticizes some of ISL's efforts.

Some of the concerns raised in the report include: not always marketing the lowest-cost loans, not adequately promoting federal loans and not doing enough to be sure the federal loan eligibility option was exhausted.

The report acknowledged that ISL was increasing access to loans and offering families a choice of loans over the goal of making the lowest cost loans available for borrowers.

Although it might not be the best loan option for

students, Sassman said it may have been the only option for some.

"(ISL) provided a loan that students could access at Wartburg and other colleges that the students didn't have any other resource or any way to turn," she said.

Student Megan Johnson said ISL was always helpful until they stopped offering new private loans.

"Then it was a hassle to find a new lender and get approved. They did, however, keep me well informed of any and all changes," Johnson said.

Because ISL stopped offering new private loans, Johnson had to find a new lender. She said she was able to get new loans, thanks to good credit and available co-signers.

"I think that because I can not receive new loans through Iowa Student Loan, they must have made some major mistakes within their loan process. I am not aware of the exact circumstances," Johnson said.

Recommendations in the report include requiring additional disclosures to prospective borrowers, changes in ISL lending practices, improvements in oversight and management and eliminating conflicts



Amanda Gahler/TRUMPET

Students re-enacted the story of Jesus Christ Friday and Saturday during the Wartburg Mime. Jesus was played by Brian Odeon.

## NEWS

# Texting, online chatting easy, but don't allow for personal interaction

SARAH MOON STAFF WRITER

During our parent's generation, people got on the phone when they wanted to talk to a friend. Now, some people use text messaging as their main form of communication with friends.

However, using text messaging, e-mail or instant messaging as a main form of communication could affect interpersonal skills, communication arts professor Penni Pier said.

"It can hinder your attempts to expand your social networking," she said.

Last year, 158 billion text messages were sent, according to The Wireless Association.

Students need to branch out of their comfort zone to experience different people and different situations because employers expect who they hire to have good interpersonal skills.

This also gives everyone practice at adjusting and controlling their body and facial expressions, which can make an interview easier, Pier said.

Students use text messaging, e-mail or instant messaging because it's fast and convenient,

associate Pathways director Derek Solheim said.

"You guys are the McDonald's generation. You want it now," he said.

Wartburg student Heather Glass said she uses text messaging approximately 15 times a day on average. She said she uses text messaging to talk to friends when she can't talk on the phone; however, she is cautious about how much she sends text messages.

"I make sure I don't just text my friends," she said. "That becomes too impersonal."

Glass said she would rather talk to friends on the phone or in person and said some students use text messaging too much.

"I think, with the amount that I see and know of people using texting, and [they] really lose that personal and intimate connection with whoever they are talking to," she said. "It closes us off from person to person interaction."

Solheim said text messaging and online communication isn't bad if it's used appropriately but using it too much doesn't help your verbal skills.

"You can't practice your oral

communication skills when you're sending a text message," Solheim said. "All you're doing is developing really strong muscles in your thumbs."

Pier said she appreciates text messaging, instant messaging and Facebook because it gives her another way to stay connected with her students.

However, she said an interpersonal relationship with someone is necessary before you start using text messaging. "We run the risk of not learning what's socially appropriate and what's socially inappropriate," she said.

Pier said using text messaging as one's main form of communication doesn't allow them to practice their listening skills. That's because they can read a text message more than once but if they miss what someone is saying then they have to repeat it.

This can prevent someone from improving their listening skills, Pier said.

Listening is a skill that has to be learned, but if one takes the time to learn to become a good listener, it can help him or her in the long run, Pier said.

"If you are a good listener and



Brittany Feagans/TRUMPET

Online communication, like Facebook Chat pictured above, and texting make it easier for people to avoid face-to-face interaction.

you can demonstrate that in an interview process, you are going to be invaluable to the person who wants to employ you," she said.

Pier is concerned students will incorporate bad habits into their writing skills.

Solheim said it's beneficial for students to practice their writing and verbal skills because employers have said those are areas that job applicants lack.

"You can have the greatest experience on paper," Solheim said, "but when you go for the interview and can't communicate that to me as a potential employer, I'll look to somebody else."

Contact Sarah Moon at  
Sarah.Moon@wartburg.edu

## "Christmas with Wartburg" without Torkelson

**SEE IT. READ IT.**

AUSTIN DRAUDE STAFF WRITER

The Wartburg Choir has been eagerly preparing for its annual Christmas with Wartburg program, after working through an eventful Fall Term.

An Oct. 21 release from the college announced former Wartburg Choir director Paul Torkelson would not be returning to campus following his one-year leave of absence.

"When we found out he was leaving, it was a big deal. But it wasn't as big a deal as when we lost him during our May tour, because he's healthy this time," choir member Matt Ray said. "We can all respect that he'd been here for 25 years and wanted to do something new."

Ray said Torkelson left the choir with a week left in its tour through Europe and South Africa to come back to Iowa to seek treatment for a detached retina.

Dr. Weston Noble, longtime director of the Nordic Choir at Luther College, has been serving as Wartburg's interim choir director and said the transition has been relatively smooth.

"Last year, I was teaching at Carthage College in Kenosha, Wis., so I've been on the road once already," Noble said. "I have a little house here, and everybody



Amanda Gahler/TRUMPET

Weston Noble directed the choirs at Luther College for 57 years. Currently, Noble is directing Wartburg Choir and Rittechor and also helping to coordinate "Christmas with Wartburg."

has been very nice. I even work out in 'The W' every morning. I haven't missed a day yet."

Ray noticed how quickly Noble got used to being at Wartburg and how quickly he has become a part of the college community.

"He's different from Dr. Torkelson, but different isn't necessarily bad," Ray said. "He's a legend. He brings new perspective to the music and we'll all be better off for it."

So far, the choir has been practicing traditional music pieces as well as music from English composer Paul Ayres to prepare for "Christmas with Wartburg."

Rehearsals with the Wartburg bands and other choirs will be starting soon. Tickets for the program went on sale Monday, Nov. 3.

"There's a lot of work from a lot of different people. Ayres' stuff is interesting," Ray said. "It'll be new to most people."

## Spa day planned for flood-affected residents

ARELLA SWAN STAFF WRITER

A relaxation spa day has been planned for flood-affected community members and will occur on Saturday.

The day will offer massages, manicures and relaxation techniques. Childcare will be provided, including: games and activities. The services will be provided by local businesses and students.

Service-learning coordinator Renee Sedlacek works closely with clients affected by the flood through the Bremer County Recovery Coalition.

"This will be a day to relax and be pampered," Sedlacek said.

She thought of the idea for a spa day to release stress caused by flood devastation.

"While talking to a friend and the Volunteer Action Center, we decided that this will be helpful to those affected by the flood," Sedlacek said.

Volunteer Action Center Coordinator Shannon McCabe took part in planning the spa day.

"We haven't done anything specifically for the community [during St. Elizabeth's Week] in the past, and this year we have with the spa day," McCabe said.

Many residents haven't had time for themselves due to the stress that comes from the flood, rebuilding and money issues, Sedlacek said.

"In times of trouble, even for one day, or a couple of hours, given to relax can make things better," McCabe said.

This event is in conjunction with Wartburg's celebration of St. Elizabeth's Week this week.

The week is a Wartburg tradition that dedicates itself to promoting volunteerism and service on and off campus.

Through all these service events, as well as the spa day, St. Elizabeth's Week is a way to attract attention to improve and help the lives of those who are less fortunate.

"This is a beginning to help the community, opening doors for other things and connections," McCabe said.

The spa day will take place in "The W" classrooms from 1-3 p.m. Saturday.

All activities have been coordinated by Center for Community Engagement, Volunteer Action Center, Habitat for Humanity, Manna and Campus Ministry.

For more information about the week's events read The Page or e-mail vac@wartburg.edu.

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## OP/ED

**Letters to the EDITOR**

send letters to: trumpet@wartburg.edu

**Student body president calls for action after post-election incidents**

Last Tuesday's election of President-elect Barack Obama was historic. For the first time our country, we will have an African American as the leader of this great nation.

With every victory comes a setback and it is deeply disheartening to hear, following the election of Barack Obama, complaints of racial slurs and comments posted around campus.

As student body president, I disapprove of these comments and any others directed toward our campus community that aim to discriminate.

I ask those individuals in the last few months that wrote tainted comments regarding sexual preference, and most recently those designated toward students of color on our campus, to think about their life.

I say to those who choose to discriminate on this campus that your actions will not be tolerated. Your ignorance of equality creates lasting scars on this institution.

As a campus community we will peacefully rise above this discrimination and hold those accountable for their actions.

It takes courage for an individual to learn and accept the differences in their life. This is a campus that offers unlimited opportunities for us to learn about those who are "different."

Take some time to visit an Alliance meeting, attend an I-Club party, become a member of BSU and above all be an active member of this campus community.

We are a generation that has been charged to create change. Let us unite as a campus and learn about our differences.

Come out of the darkness and face the light. We are Wartburg College and we are the future.

Sincerely,

Travis J. Bockenstedt  
Student Body President

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Letters to the editor are subject to editing without changing the meaning of the letter. Authors will not be notified of changes prior to publishing. Letters must be signed, fewer than 250 words, submitted by 9 p.m. Thursday and related to current issues in the Wartburg community. Letters may be sent to the communication arts office or e-mailed to [trumpet@wartburg.edu](mailto:trumpet@wartburg.edu). Please type "Letter to the Editor" as the subject line. Publication is at the discretion of the editor.

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**GIVING BACK TO THE COMMUNITY BY GOING ON A SERVICE TRIP...***...PRICELESS**Chris Shanno***Explaining eminent, not imminent**

LUKE SHANNO EDITOR-IN-CHIEF

I am no English major and will never pretend to be, but given the discussions that I heard on campus throughout the week and the e-mail that I received Monday evening, I feel it necessary to conduct a little maintenance, if you will.

In my article in last week's Trumpet, which appeared on the front page, there was a headline that read "Neumann Report: 'eminent danger' and 'catastrophic failure' possible."

I have received e-mails about the use of the word "eminent" in the headline.

I have also heard people around campus citing the misuse of the word in the headline and the article.

Double check the dictionary before jumping to conclusions and assuming that it should read "imminent" in the front-page headline.

**Eminent**

1. Standing out so as to be readily perceived or noted: conspicuous

2. Jutting out: projecting

3. Exhibiting eminence especially in standing above others in

some quality or position: prominent.

**Imminent**

1. Ready to take place; especially: hanging threateningly over one's head "was in imminent danger of being run over."

Looking at the dictionary entries, it is easy to see that these are two words with drastically different meanings but similar pronunciations; we like to call these homophones in our crazy English language.

Now, if everyone read the entire article, you would know that the inspector would not comment on the report.

It is impossible to know his intentions in writing 'eminent' in the report, but it is my opinion and the opinion of the Trumpet staff, that the consultant in fact meant "eminent" and not "imminent."

We believe that he indicated this in his report to signify a noteworthy or obvious issue that

he believes should be addressed, not impending danger.

First, if you are criticizing the Trumpet for the misuse of the word, that is fine. We are not perfect, no one is.

You would also be criticizing the consultant for misuse of the word. The term was taken directly from his report. Neither the Trumpet nor the consultant incorrectly used the term.

Second and most importantly in my book, if something in Neumann Auditorium posed "imminent danger," I assume that it would be undergoing renovations even as I write this column.

I put my faith and trust in the administration that if the auditorium, or those who work in it, perform in it, or attend events in it, were in "imminent danger," that they would be working swiftly toward a resolution and it would not be in use.

So, faithful Trumpet readers, please look over the above definitions from Merriam-Webster and accept the first definition provided under "eminent" to further explain the consultant's comments.

Contact Luke Shanno at  
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**With election over, it's time for bipartisanship**

JEN WENDLAND STAFF COLUMNIST

On Nov. 4, the majority of people on campus, in the nation and many around the world tuned in to see what would happen with the U.S. Presidential race.

What occurred was historic in many ways.

We have the first African American president, a man that has excited the nation and the world and inspired millions to have hope in our future and our government.

Additionally, youth voters, those between the ages of 18 and 30, turned out in record numbers.

Beyond this historic occasion though, is time for the nation and those of all political affiliations to turn their attention toward solving the many difficult problems that lie ahead—a direction we have been urged to go into by both Sen. McCain and President

elect Obama.

This was a long, tough election which hurt many feelings and created many barriers and, in the end, did disappoint millions of people who had supported Sen. McCain for so long. However, this is not a time to be bitter, angry or boastful.

Rather, now is the time that our roles change from potential voters to constituents who will hold our elected officials accountable.

No matter whom you voted for, this is a call to unify behind a candidate who has promised change, support that candidate and ask for it.

Sen. McCain's concession speech had within it many unifying messages of great consequence that should be heeded by all.

He perhaps said it best when he said the following: "I wish Godspeed to the man who was my former opponent and will be my president. And I call on all Americans, as I have often in this campaign, to not despair of our present difficulties, but to believe, always, in the promise and greatness of America, because nothing

is inevitable here."

Regardless of party affiliation, it is imperative that this country begin moving forward, together, for the betterment of all citizens of this nation and this world.

On campus, as of Tuesday night, there have been moments where raw emotions from the election—whether they were happiness or hatred—were expressed through vandalism, racial slurs or verbally.

This is possibly one of the most disappointing aspects of this election cycle for many people: the divisions that have been so entrenched between us.

Do not let this become a characteristic of this post-election atmosphere. We need to start viewing each other not as red or blue, but as one people of the United States of America.

We have our differences, and that is amazing and what makes a democracy possible, but set name calling aside, and start working for the betterment of this great nation—together.

Contact Jen Wendland at  
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## NEWS

## First in the Nation hosts election return party

JOSH MONIZ STAFF WRITER

Students sat around a table, debating with each other as the presidential polling results were projected on a big screen behind them. The First in the Nation election day party was in full swing, celebrating the culmination of 18 months of work.

Wartburg professors Fred Waldstein and Penni Pier organized the event. As leaders of First in the Nation, they coordinated a similar party for the Iowa Caucus as well as several other political events.

"It seemed natural to bring it all home with the election party," Waldstein said.

More than 20 students were at the event.

"I wanted to help celebrate the effort put into the First in the Nation campaign on campus," Matt Langston said.

Waldstein and Pier said they hoped the event would foster discussions among students and

give them a better appreciation of their right to vote.

"We don't live in a vacuum. Politics are an important part of this country and your voting voice is essential for this government. I want them to recognize that this election is about them. They don't just have a right to vote, it's their duty to vote," Pier said.

Students said there were several important issues.

"I'm interested in seeing someone who can balance the budget. Also, I want someone who will end the war," Andrew Johnson said.

Other students, like Jessica Wetherell, were focused on the candidates' stances on social issues.

Some students said they were dissatisfied with both of the major candidates and voted for a third party candidate.

"I'm a strong constitutionalist and neither of the candidates represented this for me, so



Amanda Gahler/TRUMPET

Jake Kriegel and Chelsea Holliday patiently wait for the results of Tuesday night's election while enjoying refreshments and snacks at the First in the Nation party.

I voted for Ron Paul," Eric Dreibelbis said.

The event only ran until 10 p.m., but later that evening Barack Obama was named the 44th president of the United States.

"I am glad to finally see the end of this election. I believe that Barack and McCain both gave very dignified speeches, which made me proud as always to be an American.

"I am both excited and

apprehensive to have Barack as my next president, but I support him fully in this capacity," Dreibelbis said.

Contact Josh Moniz at  
Josh.Moniz@wartburg.edu

## Students weigh in on Obama victory

### SEE IT. WTV8 READ IT.

STEFFANI TOLLEFSON STAFF WRITER

Being elected president on Tuesday, Nov. 4 put President-elect Barack Obama down in the history books, but now he has to prove to the country that his platform of "change" will occur political analyst Jeff Stein said.

"It will be very difficult for him to do the things he promised he would do in the campaign.

"My fear is that so many peo-

ple think the election of a president who ran on a 'change' platform will mean a big difference in their lives right away and it will not," Stein said.

Stein said the president has limited power and he has a lot of work to do with the members of Congress.

He also said it will be difficult to predict what could happen next because no one predicted 9/11 and that changed Bush's presidency.

"We don't know what moves the enemy will be making. I think there is great apprehension about this issue, because it is the president-elect's weakest point," Stein said.

Two students who voted for Obama are excited about his election.

"I imagine there is going to be a lot of change, hopefully for the better. It's history in the making already," Bryan Gramlich said.

Gramlich said it was a toss-up for him. He said Biden was a better vice presidential choice.

Amanda Stevenson is a democrat. She said she was excited when she heard Obama won.

"I think it's going to be a good change. It's a great thing to happen," she said.

Obama's plans for change include pulling out of Iraq. He said immediately upon taking office he will give his secretary of defense and military commanders a new mission: successfully ending the war.

According to Obama's plan for ending the War in Iraq, "The removal of our troops will be responsible and phased, directed by military commanders on the ground and done in consultation with the Iraqi government."

Military experts believe we can safely redeploy combat brigades from Iraq at a pace of one to two brigades a month that would remove them in 16 months. That would be the summer of 2010 - more than seven years after the war began."

Obama takes office January 20.

## ISL adopts code of conduct

### FROM PAGE 1

changes in ISL lending practices, improvements in oversight and management and eliminating conflicts of interest inherent in compensation practices.

"We would always make sure that we're conducting business with the most ethical corporations out there," Sassman said.

Sassman said Financial Aid tries to maintain a good relationship with all lenders, so that students have good choices.

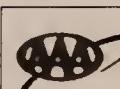
"Iowa Student Loan is the only lender in the industry that tried to provide access for students who couldn't find it in other ways, which is one of the reasons why this whole report was instigated," she said.

ISL said in a statement released Oct. 24 that they have implemented most of the specified changes and are awaiting board appointments to complete the process.

They also said the corporation was one of the first student loan companies in the nation to adopt a stringent code of conduct prescribed by federal sunshine laws.

"We really need to rally together and make sure that students have the best options in front of them to make informed decisions," Sassman said.

Contact Andrew Nostvick at Andrew.Nostvick@wartburg.edu



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## KNIGHTLIFE

# Vogel Library has a lot to offer students



BRITTANY FEAGANS/TRUMPET

Morgan Pahls takes a study break to choose a book from the leisure section.

## Movies, books for enjoyment

EMILY SCHMITT KNIGHTLIFE EDITOR

When classes begin, students quickly learn where in the Vogel Library the reference and non-fiction sections are located. But most students do not know where to find books and films for enjoyment—if they even know these materials exist.

Information literacy librarian Kari Weaver said the library owns leisure books and movies that few students take advantage of.

"I think students are unaware of these resources because they are located on the first floor of the library," Weaver said. "Students also might not expect to find these types of materials in an academic library and, therefore, would not go looking for them."

Weaver said the library has a fairly large collection of DVDs for those who enjoy watching films. Popular documentaries include "Grizzly Man," "Fog of War" and "The Rolling Stones: Gimme Shelter." "Lord of the Rings" and "Minority Report" are two popular films the library has available.

Many students also do not know where to locate leisure-reading books, Weaver said. Two shelves of these books are

to the left of the entrance to the ground floor of the library, between the new books and the children's books.

The librarians select these books from a catalog each month.

"Books rotate in and out based on their popularity and how many new titles we receive during that month," Weaver said.

She said the location of the shelves and the small size of the collection makes it easy to browse the books and to find an appealing one.

Students should feel free to ask any librarian for help locating any materials, Weaver said.

The library would purchase more of these materials if interest grew, Weaver said.

"If we see everyone wants DVDs to watch on the weekends, we can make a point to purchase even more for the collection," Weaver said.

Students may suggest books or films that should be added to the collection. Suggestions may be emailed to [kari.weaver@wartburg.edu](mailto:kari.weaver@wartburg.edu).

Contact Emily Schmitt at [Emily.Schmitt@wartburg.edu](mailto:Emily.Schmitt@wartburg.edu)

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## Pathways Center considered a "hidden gem"

TEALA KRAPFL STAFF WRITER

If you have ever made the trek up the stairs to the third floor of Vogel Library, you may or may not, have noticed the Pathways Center, which Vicki Edelnant calls a "hidden gem."

As director of Pathways, Edelnant oversees all of the departments within the center and said it is a helpful resource that many students do not use.

Pathways, which opened in 1996, offers a wide array of services that benefit students. These services include academic advising, counseling and career services.

Pathways is a resource all students should take advantage of, Edelnant said.

"I think it's kind of a no brainer," she said of utilizing the center's resources. "If you can get help you're already paying for, why wouldn't you use it?"

Jake Ritland is in his second year working in Pathways. He said Pathways can be a great asset to students. He finds it helpful to have a "third-party perspective."

"Two heads are better than one," Edelnant said.

Pathways has a staff, consisting of both students and professionals, that is ready to use their expertise to assist students.

Last year, Pathways added the Academic Resource Center (ARC), which is aimed specifically at helping first-year students with their studies. It also added a math help center.

An updated service Pathways provides is Knightlink, a Web site that lists on-campus jobs

available for students.

"It's designed to be a more efficient way of finding jobs and training for the real world," Edelnant said.

Knightlink not only features full and part-time jobs but summer employment and internships as well.

Pathways designed Knightlink to be comparable to other employment Web sites on the Internet.

Pathways also features what Ritland calls a "great resource library."

Before he worked in the center, he had no idea the resource library existed. Ritland said it would have been very helpful to him when he was considering majors.

Pathways has many services to offer, but students do not take full advantage of this "hidden gem," Edelnant said.

"It's used a lot," said Ritland, "but in the whole scheme of things, it's underused by students."

Edelnant agreed. She said the biggest challenge is making students aware of what services are available.

"When students come in [to Pathways], they are very pleased. There are lots of practical resources," Edelnant said.

With a helpful and welcoming staff, a variety of services and a great amount of resources, Pathways has a lot to offer students.

Edelnant encouraged students to "come on up and see us."

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## Leaves of absence become more common; stress often cited

JACKIE ALBRECHT NEWS EDITOR

College is often pegged as one of the best times in a person's life; however, it can also be one of the most stressful.

Twenty-one people opted to take leaves of absence this year while only seven students took a leave in 2004. Vice President of Enrollment Management Edith Waldstein said more students are citing health issues as the reason to take a break from college than five years ago.

Research also shows that potentially 10 percent of students who aren't retained left because of mental health, Director of Counseling Services Stephanie Newsom said.

The risk of mental health problems is increasing nationally, Newsom said.

"That is not just a Wartburg thing," she said. "It's true for almost all college campuses across the board."

Around 90 percent of

counseling center directors have seen an increase in the number students with severe psychological problems, according to a national survey of counseling center directors.

Newsom has seen increases each year in the number of students who come to counseling services since she started at Wartburg in 1999.

"Students who come to counseling services are coming in for more serious issues than they were nine years ago," Newsom said.

The two most common mental illnesses seen by counseling services are depression and anxiety; however, stress is also a common problem.

"Students tend to have a pretty high stress level in their lives," Newsom said. "...There are a number of reasons why [the stress level] has increased; it's sort of how our society is now and the pressure we put on people."

Although the number of

students taking a leave of absence has increased, it may not mean there are more cases of mental health problems.

"There are more students coming to college with health issues, and if those become too challenging, they stop out for awhile to get those under control," Waldstein said.

Mental health issues have been present for years, but more students with mental health issues are able to come to college due to the advancement of psychotropic medications, Newsom said.

"There are students in college now who would have never gone to college 10 or 15 years ago, because they would have come here and could not have handled it," she said.

Newsom attributes the national increase in mental illnesses to society pressures, living in a more fast-paced culture and an increased awareness of mental health problems.

"We expect things to happen quickly, and you have a lot of different and more pressures than people several years ago," Newsom said. "Also, I think part of it is people are talking about mental health issues more. ...It's slightly more okay to admit you're depressed or battling anxiety."

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## SPORTS

# Women's basketball looks to underclassmen to start season

PAM RODGERS STAFF WRITER

The Wartburg women's basketball team is preparing for the 2008-09 season with one senior and three juniors at the reins.

The team of 22 is young with 11 freshmen on the squad. The Knights return three starters from last year and nine letter winners.

"We are optimistic going into this year," head coach Bob Amsberry said. "Our upperclassmen are upholding higher standards this year and have risen to the challenge of increasing the expectations."

The lone senior, Sharese Van Sloten is Wartburg's top returner in points with 253 and rebounds with 180. She has stepped into the captain's role this season.

"To help motivate the team, I make sure that I work hard day in and day out and set a good example for everyone else on the team in that regard," Van Sloten said.

Along with Van Sloten, juniors Hollee Silvey and Ashley Schroeder will also take on captain spots.

"The leadership and commitment that they bring to the

team is going to be an important part of our success," Van Sloten said.

Amsberry is looking to the underclassmen to help fill out the team's varsity endeavors. The six sophomores were able to get much needed knowledge about the program.

"I consider our sophomore class very seasoned, as many gained valuable experience last year," Amsberry said.

The class is led by returning starting guard Samantha Harrington and part-time starter Abbey Hempen. They were both in the top four in points scored last year for the Knights scoring 252 and 165 respectively.

Among the Knights newcomers is a junior transfer, Chelsea Holliday, who joins the team from Danville Community College. The Knights' standout freshman so far has been Leslie Wilson.

"These two have showed great promise early on and will be game ready by the time we open," Amsberry said. "Several others will have an impact in our program early in their careers as they continue to learn our system and become more natural," he said.

With the returners and newcomers getting ready for a new season, the squad has the opportunity to enjoy more success this year.

"This season has the potential to be a very exciting season for our team. We return a lot of experience from last year and have a great class of newcomers to complement the returners," Van Sloten said.

The Knights have their opener Nov. 15 against non-conference opponent Briar Cliff University.

They kick-off their conference season Wednesday, Dec. 3 against the University of Dubuque. The ladies hope to improve their 6-10 conference record from last year.

"We expect to be very competitive in the IIAC and believe we can challenge in the league," Amsberry said. "Our non-conference schedule should prepare us well for rigors of the conference schedule."

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## OT thriller blows Knights way

FROM PAGE 8

he scored from 18 yards out to make it 20-13. Harvey finished with 40 carries for 214 yards and two touchdowns.

Dubuque took over for their offensive possession and the game ended on a fourth-and-6 run, stopped by the Knights' defense.

After the game, the Knights were crowned conference champions as they found out Central defeated Buena Vista.

"They [Central] owe us; they have taken a couple from us, so it was about time. But it worked out pretty good. I couldn't ask for a better win," Faaborg said.

The win gives the Knights their first outright conference title since 2003 and gives them their first playoff berth since 2004. The win moved the Knights to 8-2, 7-1 in the conference and gave them their fifth-straight win.

"It's unbelievable, we've waited four years for this, we've sweat, we've bled, we've worked out in parking lots and strip malls. It's awesome, just an amazing feeling," Bauder said.

The Knights have a bye week to finish their season and will wait to see who they face and where in the first round of the NCAA play-offs.

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Luke Shanno/TRUMPET

Lamar Harvey carries the ball as the Knights clinched the IIAC title.

**MORE Sports** WARTBURG COLLEGE **Online @ THE Circuit** www.wartburgcircuit.org

- Wartburg Wrestlers start season at Pointer Open in Wisconsin
- Cross teams prepare for regional meet
- Soccer teams look for regional pairings early this week

## Men capture trophy

FROM PAGE 8

played big every day."

The win over the Norse put the Knights in a Friday semifinal match-up against the Central Dutch. The Knights topped the Dutch 2-0 to advance to play the Duhawks in the championship game.

During the match-up with the Dutch, Way found the back of the net twice one of which was assisted by Michael, from the Knights' goal.

With around thirty minutes left in the game, the Knights lost Victor Mudzinganyama after a collision with the Dutch goalie left him with a broken leg. Mudzinganyama was taken to the hospital where he is being treated for his injury.

"No one can fill his shoes, he is a wonderful player, but we have a bunch of guys who can come off the bench and play," Michael said. "It's a big loss but we know we have the bench space and the players to keep going on."

The Knights win over the Dutch propelled them into the Duhawk match-up.

The win in the championship game secured the Knights a spot in the national tournament. National pairings are set to come out Monday afternoon. For more information check out The Circuit.

Contact Mac Slavin at  
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### Four Stooges Football Predictions

## 1. "The Judge"



## 2. "No-No"



## T-2. "McLoving"



## 4. "Rowdy"



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## SPORTS

# Volleyball team falls to Luther in IIAC tournament

AL STRAIN STAFF WRITER

A win over Dubuque on Tuesday, Nov. 4 propelled the Knights into the IIAC Tournament, where they met Luther, Friday afternoon.

The Knights post-season run ended with its first match against Luther. Luther won the match 3-1. The Norse took the first game by only two points, 25-23. Luther would need extra points in the second set winning 27-25.

The Knights won a marathon third set by a score of 29-27 to force a fourth set. Luther came out victorious in the next set and won the match with a 25-20 score.

The Knights were led by Kelsey Steffens and Lindsay Schneider, who had 18 and 21 kills respectively. Schneider also led the team with 26 digs.

Earlier this week the Knights needed a win over Dubuque to receive an IIAC berth. The Knights came out swinging in set one, taking a 6-2 lead and forcing a Dubuque timeout. Dubuque tied the score at nine before the Knights opened up with a huge rally. The Knights

went on to take the set by a final of 25-21.

The second set went much the same as the first, with the Knights jumping out to an early lead of 8-1. This time they wouldn't relinquish the lead and took the set, 25-11.

Set three saw the Knights in control the whole game with the aid of another strong start. Wartburg took 10 of the first 13 points and took the set by a final of 25-18. The Knights took the match with a 3-0 victory.

"I think it was a good confidence game for us, I'm really proud of the way we've finished out these last two weeks of our season," head coach Jennifer Walker said.

The Knights were led by Steffens, who had 13 kills to go along with four ace serves. Steffens was aided by Schneider, who had nine kills and seven defensive digs.

The Knights finished the season with a record of 11-25, and 4-5 in IIAC play.

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## Women drop heartbreaker to Loras, await NCAA tourney bid

MAC SLAVIN SPORTS EDITOR

It came down to penalty kicks to decide the women's IIAC Tournament champion and the

Loras Duhawks outshot the Knights 4-3 to give the Duhawks the title.

"I think our girls have played



Luke Shanno/TRUMPET

Chelsea Frye dribbles past a Loras defender in Saturday's tourney loss.

outstanding all season and today was no exception and we had a great game with Loras," head coach T.J. Buchholz said. "It was a classic great Loras - Wartburg battle."

Scoring started when Loras found the back of the net as Wartburg scored an own goal in the 56th minute.

The Knights answered when Rachel Oswald found the back of the net off of a corner kick to even the score at 1-1.

The Duhawks kept the game going with a goal by Kate Young in the 86th minute. With 30 seconds left, the Knights answered as Loras scored an own goal to tie the game up at two.

The teams played two scoreless overtimes and the game came down to a penalty-kick shootout. Lauren Thomas and Logan Webb

both made Wartburg's first two, while Loras also made their first two kicks.

Annie Fangman missed the Knight's third attempt while the next Duhawk challenger missed too. Rachel Oswald missed the Knight's fourth attempt and the Duhawks capitalized by converting to go one up.

Katy Wendt made hers, so it came down to the final Duhawk shooter. Tonya Lohmeyer made her shot to give the Duhawks the 4-3 decision.

"We tied at the end of the game, we didn't lose and it went down to penalty kicks, which is the worst way to end a game," Buchholz said.

The Knights out-shot the Duhawks 24-7. The win gave the Duhawks an automatic bid to the national tournament.

To get to the championship game, the Knights had to challenge Simpson Friday, after receiving a bye for Tuesday's game.

The Knights downed the Storm 4-0, with two goals from Lauren Thomas. Chelsea Frye and Annie Fangman added a goal each.

Wartburg has to play the waiting game to see if their 17-2-2 record will be good enough for an at-large bid into the national tournament. Check The Circuit for updated results later in the week.

"We have played great soccer all year," Buchholz said. "Our record shows that we are 17-2-2 and I think we deserve to be in the NCAA tournament. We'll just have to sit back and wait, but I think that will be the case."

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## From the Bullpen: 'The wussification' of America's youth

PAM RODGERS STAFF WRITER

Certain events and occurrences have come to my attention which I believe assist in the "wussification" of America.

The basis of the statement centers around the coddling of America's youth. This may be seen as a harsh statement; but I am pretty convinced that I am correct.

The first factor aiding in the wussification I found over the summer. In Boston, a nine-year-old little league pitcher was banned from play because he was too good. Wow, how is that fair? I was immediately taken aback. Punishing a kid because he is too good seems a bit backwards.

The kid could be the next Nolan Ryan, but alas, we may never know because people didn't want him to pitch.

When the league told the team this youngster wasn't allowed to pitch anymore, they refused and set him up to pitch the next game. The opposing team saw this, packed up and forfeited the game. What kind of signal does this send to the kid? He is being told that he should not strive to be good at something, just mediocre.

I can't help but shake my head at this. I may not be as seasoned as some individuals, but I can look back on my childhood and know that in my little league adventures we tried our best to win. If the other team had a good pitcher, we tried harder to get a hit. Our coaches wouldn't allow us to pack our bags just because the other team had an outstanding individual on the mound.

This is only one instance of wussification. The other has to deal with playgrounds across

the America, the birthplace of athletes. There have been many atrocities that have occurred in recent years that make me roll my eyes.

An example close to home for me is the removal of the merry-go-round from the playground.

Playing on this structure is the highlight of some children's lives. Sure there's a danger aspect, life can be dangerous, but that's how you learn. At my elementary school, there used to be lines to get on the merry-go-round.

I can remember when I was kindergarten. I was thrown from the merry-go-round. I landed on my stomach and got the wind knocked out of me. Once I could breathe, I got back up and elbowed my way to get back on. I learned something: you can fall down and get right back up, just like riding a bike.

Instead, kids aren't allowed to play on one.

Pretty soon there will be a "digital merry-go-round" where you can get all the thrills but be in a "safe" environment.

It's not just merry-go-rounds. Swing-sets, teeter-totters, slides and the game of tag have all been banned from the playground in some parts of the United States.

We need to step back for a moment and think about what we are doing. My generation grew up with the above examples, and I'm pretty sure we're going to be ok.

The wussification of America needs to stop. We need to leave the pacifiers in the crib and let the kids grow up with possible dangers in activities that will drag them away from the couch and outside where they should be.

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## Women fall to rival Loras in OT



Knights have to play the waiting game to see if they'll make the national tournament

7

## Upcoming Schedule

Saturday - Cross Country @ Central Regional Championships @ Grinnell @ 11 a.m.  
Wrestling @ Harold Nichols Open @ Ames @ 9 a.m.  
Women's Basketball v. Briar Cliff @ 3 p.m.

Check out The Circuit for Soccer updates

## CONFERENCE CHAMPS!



Submitted Photo



Photo by Luke Shanno



Photo by Luke Shanno



Submitted Photo

## Knights earn 11th MAC championship

## Knights top Loras

SETH DRURY ASSISTANT SPORTS EDITOR

The Wartburg Knights clinched an outright Iowa Conference title Saturday outlasting the Dubuque Spartans in overtime 20-13.

With the win and Buena Vista's loss to Central the Knights will live to see another day and receive an automatic bid into the NCAA Div. III tournament.

A cold and windy day made Walston-Hoover Stadium a difficult place to play and made a football game even sloppier.

The few fans that faced the cold saw Dubuque score first. The first couple of drives stalled both ways after an early interception thrown by Nick Yordi and a fumble by the Spartans.

The Knights' first points would come with 43 seconds left in the first half to make the score 7-3 in favor of the Spartans.

After two failed drives from each team, the Knights got the break of the game when Jake Braun stripped the ball away from Dubuque's Colton Hansen and Blake Suckow pounced on the ball at the Dubuque 37-yard line.

"With the wind the way it was, field position was key and the fumble really turned field position around and set our offense up in a great spot," Kyle Goodchild said.

Six plays and 37-yards later Wartburg had their first lead of the game with a 10-7 score. On the scoring drive, Lamar Harvey had five carries for 26 yards, with a three-yard touchdown run.

"The fumble was a big momentum swing. The

defense knew they had to come out and get a turnover to jumpstart our offense and that's what they did and then we knew we had to score and we just rolled from there," Dan Bauder said.

In the fourth quarter, Spencer Herzberg would nail a 28-yard field goal to make it 13-7. Dubuque wouldn't quit though as a 30-yard pass play from Hanson to Jean Metzler would tie the score at 13 with 2:35 left in the game.

"It was nerve wracking, all I could do was watch the ball in the air and when it hit him in the end zone I just told myself and my teammates we still had time on the board and it wasn't over," Josh Faaborg said.

An excessive celebration penalty against the Spartans gave Wartburg new life as an extra point attempt from the 3-yard line was backed up to the 18-yard line. The extra point was short and left the score at 13.

"That was huge, I didn't know you could use it on the extra point. I thought it was only the kick-off but it works and it worked to our favor big time," Faaborg said.

On the ensuing drive Wartburg would push the ball to the Dubuque 35, but a fourth-and-15 proved to be too much and Dubuque took over with 16 seconds remaining.

Wartburg was on offense first in overtime and all it took was two rushes from Lamar Harvey, as

MAC SLAVIN SPORTS EDITOR

Despite being outshot 15-9 on Saturday, the men's soccer team upset top seeded Loras 2-0 to win the Iowa Conference Tournament and earn a spot in the national tournament.

"It was great, it was a total team effort," head coach T.J. Buchholz said. "We talked about how this week is going to define us and our season and [we] came out ready to play."

Ed Axcer Way broke away from the field and put a shot in the back of the net during the 14th minute to put the Knights up 1-0.

The shot was the only goal of the first half, and looked to be the only goal of the second half until Nate Gottsacker found the back of the net with less than 30 seconds left in the game to seal the victory for the Knights.

Gottssacker's unassisted goal brought the final score to 2-0 in the 89th minute.

"We got the goal in the first half, in the second half, we just fought. [To win] against Loras,

it's the greatest feeling," Trent Michael said.

Michael was in the net for the Knights and helped in the win with five saves.

"We just had to make sure that we got 90 minutes," Michael said. "At halftime we knew we've practiced and gotten ready for this, we just had to make sure we went 90 minutes."

To get to the championship game, the Knights had to battle through No. 2-seeded Central and No. 6-seeded Luther.

On Tuesday the Knights downed the Norse in quarterfinal action 3-2.

The Knights received goals from Elvis Alicic, Geoff Miller and Way. Michael made two saves in the Knights victory as they out-shot the Norse 20-10.

"We talked about it one game at a time," Buchholz said. "Matt Shepard said in order to see tomorrow we have to step up and play today, and that was our motto. We wanted to see tomorrow so we stepped up and

See MEN CAPTURE page 6